

# The Sally

## Sunday Menu



*Please Notify Your Server of any Allergies or Dietary Requirements*

# Sunday Starters

2 Courses £26  
3 Courses £32

## Creamy Garlic Mushrooms Served on Toasted Sourdough

Can be GF on Request

## Crispy Calamari

Lime, Ginger & Wild Garlic Crème Fraîche  
Jalapeno Salsa

Can be GF on Request

## Soup of the Day

Served With Farmhouse Bread & Salted Butter

Can be GF / DF on Request

## Pork & Apple Scotch Egg

Minted Peas, Black Pudding & Cider Puree

## Salmon & Prawn Cocktail

Smoked Salmon, Atlantic Prawns, Iceberg Lettuce,  
Bloody Mary Sauce & Wholemeal Bread

Can be GF/DF on Request

## Lamb Shawarma

Homemade Hummus, Toasted Chickpea Salad  
Served With Warm Pitta

Can be GF on Request

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# Sunday Lunch

2 Courses £26  
3 Courses £32

**Roast Rump of Cumbrian Beef**  
Served with a Rich Beef Gravy

**Noisettes of Fellside Lamb**  
with Port & Redcurrant Rosemary Sauce

**Garlic & Herb Roasted Chicken**  
Sage & Onion Stuffing  
Glazed with a Light Chicken Gravy

**Pork Loin**  
With a Sage & Apple Stuffing, Served with Fennel Crackling  
& Cider Gravy

**Roasted Cauliflower Steak**  
Served With an Onion & Cranberry Sauce

**All Served with a Yorkshire Pudding**  
**Garlic & Rosemary Roasties, Buttery Mash & Seasonal Vegetables**

*Most of Our Roasts can be adapted to be GF/DF on Request - Please Speak To Your Server*

**Classic Fish Pie**  
Smoked Haddock & Cod, Scottish Salmon, King Prawns  
In a Creamy Leek Sauce, Topped with Applewood Mash,  
With Seasonal Veg

GF



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# Sunday Desserts

2 Courses £26  
3 Courses £32

## Sticky Toffee Pudding

With Butterscotch Sauce & English Lakes Vanilla Ice Cream

Can be GF on Request

## Strawberry Eton Mess

Strawberry & Prosecco Mousse, Minted Strawberries & Chantilly Cream, Topped with Burnt Meringue

GF

## Bramley Apple Crumble

With Cinnamon Ice Cream & Salted Caramel Sauce

## Rhubarb & Vanilla Rice Pudding

With a Rhubarb Compote & Poached Rhubarbs

GF

## Chocolate Orange Brownie

Orange Puree, Cinnamon Candied Orange Pieces, With Chocolate Ice Cream

Can be DF/ GF on Request

## Zesty Lemon Cheesecake

With Raspberry Puree, Raspberry Sorbet, Topped With Lemon Zest

## English Lakes Ice Cream

Choice of:

Vanilla

DAIRY FREE Vanilla

Strawberry

Thunder & Lightning

Chocolate

Cinnamon

Raspberry Sorbet



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